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The Chronicle

Vol. 15 No. 12 Monday, December 9, 1996

Purdue breaks ground for new building

New three-story building to be the thirteenth edition to campus

PUC PRESS RELEASE

In response to a campus need for more classrooms and office space, Purdue University Calumet broke ground on Nov. 14 for a $15.4 million classroom office building.

The three-story, 100,000 square feet facility is being constructed near the northwest corner of campus between the Edward D. Anderson Building on the north and the Donald S. Powers Computer and Andrey A. Potter Laboratory Buildings south. The 18-month construction project is expected to be completed in time for the building to be occupied in the fall of 1998.

"With significant enrollment growth having taken place at

See New building, Page3

The above painting illustrates the final product for the latest edition to the PUC campus. To be finished in the Fall semester of 1998, the building will house four academic departments- English and Philosophy; Foreign Languages and Literatures; History and Politcal Science; and Mathematics, Computer Science, and Statistics.

PUC student organizations bring holiday cheer to less fortunate

BY JACQULINE P. REASON
Staff Contributor

The holiday spirit is overflowing throughout the halls of Purdue University Calumet. It is contained in the stuffed cardboard boxes at the entrances of every building. The huge boxes serve as a constant reminder of others who may be less fortunate this season.

As thoughts of vastly approaching finals, semester break and Christmas permeate the minds of many students, many of PUC's student organizations are conscientiously trying to address some of the needs of the community.

A number of PUC organizations have already started drives for donations of needed materials for area shelters.

The Black Student Union is asking for warm coats and winter accessories. The Society of Women Engineers will be making a donation to Ark, a homeless shelter for women and children based in the Gary area.

Los Latinos will begin a canned food drive for donations to area soup kitchens and churches that help needy families.

A Hammond resident said that she is "quite grateful" for the Thanksgiving basket she was going to be recieving. She said it the gift allows her family to experience the "special feeling every family should have during the holidays."

> 'Community service creates an opportunity to become more aware of community issues.'
>
> **- Michelle Verduzco**

Zeta Sigma Chi recently completed its drive for clothing and toys which will be distributed throughout Mexico by Operation Care. An East Chicago church also helped in the cause.

Zeta Sigma Chi's New Membership Chairperson, Kristan Lemos, a third year nursing student, said that being involved in events such as the charity drive has helped her to become more aware of national events, public funding, and more appreciative of the resources she has available to her.

Lemos said the sorority's function is not only to provide academic support to its members, but also to promote life-long alliances.

"The sorority tries to develop multi-cultural awareness," Lemos said. "I think it is particularly important to learn about other cultures in today's changing society, particularly in an area as diverse as the Purdue Calumet region.

Director of Student Support Services and an organizational advisor Michelle Verduzco, is actively involved with six PUC student organizations including Los Latinos, Alpha Psi Lambda, Sigma Lambda Beta, SHIPE the Society for Hispanic Engineers, Zeta Sigma Chi and a newly formed organization called Student Leaders.

"Community service also creates an opportunity for the organization's members to become more aware of community issues," Verduzco said.

"It cultivates a compassion for needy people and it opens a dialogue between students, the university and community agencies."

Gyte Elevator inaccessible to disabled students

BY SCOTT THOMPSON
Staff Writer

The elevator between the Gyte Building and the Computer Education Building was built to provide students in wheelchairs a method of passing between the two buildings without exiting.

However, David Smack has brought it to the university's attention that the elevator fails to successfully perform its task.

The trouble with the elevator is the width of the entrance and exit. After a person is lifted over the stairs, he is then required to exit at a 90 degree angle. The elevator is not large enough for an unassisted person to reposition the chair.

Since the difficulty was discovered, Chancellor James Yackel and his staff have been looking at possible solutions to the problem.

Yackel said that all attempts to devise an acceptable modification for the elevator failed. The national office of Occupational Safety and Health Administration will not allow the university to replace the elevator with a ramp because the grade would be too steep for a wheelchair.

The last option, rebuilding the elevator at a cost of $300,000, is not within the present budget.

A renovation of the Gyte Building is in the planning stages at this time, according to university officials. The renovations to the building will eliminate the need for the elevator.

For now, Yackel has offered to schedule an attendant to meet any disabled student at the elevator to assist in the transition.

Student Government President Jarrett Mitchell said the attendant is not an acceptable solution to the problem.

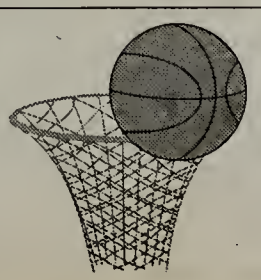
"People with disabilities are having to go outside during all types of weather just to attend class," Mitchell said. Mitchell also questions the amount of money spent on landscaping with matters such as these left unresolved.

Yackel became aware of the situation after receiving a memo from Mitchell demanding action.

Inside

Sports

The Lady Lakers Basketball team loses a heartbreaker to Goshen, 67-60. Page 6



Entertainment

Bugs Bunny and the rest of the Looney Tunes enlist Michael Jordan to help them in an intergalacitc game of B-ball. Page 8

ADMINISTRATION UPDATE

Our 13th campus building...

In late 1951, the opening of the Gyte Science Building–at a cost of some $500,000–signaled the emergence of a Purdue Calumet campus.

Some 45 years later, the campus continues to grow and develop with the start of construction on what will become our 13th building.

Chancellor James Yackel (from left), Vice Chancellor for Administrative Services Gary Newsom and Vice Chancellor for Academic Affairs Sandra Singer participated in recent groundbreaking activities for the Classroom Office Building.

Groundbreaking earlier this month (11/14) for the $15.4 million Classroom Office Building near the northwest corner of campus represents in a huge way how far Purdue Calumet has come as an institution and influence in Northwest Indiana.

Need for classrooms, offices

The need for more classrooms and faculty/staff offices drove efforts the past six years for construction approval of this facility.

According to Chancellor Yackel: "With significant enrollment growth having taken place at Purdue Calumet during the past decade, this building has been a high priority since 1990. It will increase the number of classrooms on campus more than 30 percent; plus, it will enable us, finally, to provide adequate office space for our growing number of faculty members."

Since 1987, our enrollment has increased from 7,080 to nearly 9,300 students, while the number of FTE faculty and staff has grown from 503 to more than 600.

Will not affect tuition fees

Some students have asked if this new, multi-million dollar structure will be financed by tuition increases. The answer is NO! Construction projects of this nature are funded entirely by the state.

When the building is completed and occupied–presumably in time for 1998 fall classes–the three-story, 100,000 square feet facility will add 22 classrooms, 13 instructional laboratories and space for 122 faculty and staff offices to our campus.

Four academic departments–English and Philosophy; Foreign Languages and Literatures; History and Political Science; and Mathematics, Computer Science, and Statistics–will be housed in the facility, as well as the Offices of the vice chancellor for academic affairs and the dean of the School of Liberal Arts and Sciences.

Interconnected buildings

Additionally, construction of the facility will enable us to realize a vision we have had for our campus–that of functionally interconnecting the north portion into a comprehensive academic unit.

Located between the Anderson building to the north and the Powers and Potter buildings south, the new Classroom Office facility will join the Anderson and Potter structures via enclosed walkways. With the Powers, Potter and Gyte Science buildings already interconnected, all north campus academic buildings will be indoor-connected except for Porter Hall on the east side.

From a lone structure in 1951, Purdue Calumet, the campus, has come a long way.

At a glance

student organizations

Holiday Survival Tips

The Holiday season is a good time to remember to take care of yourself. Fun and festivities are mixed with extra work and pressures that contribute to high stress levels.

There is a lot to do this time of year And we want you to add one more thing to your list - Take Care of you!

Here are a few tips we want you to remember so you get the most out of your holiday and stay healthy;

1) Remember moderation when it comes to high-fat holiday treats. 2) Limit alcohol. And , never drink and drive.

3) Don't skip your exercise.

4) Don't take on more than you can handle.

5) Adequate rest and sleep are important. Don't forget to get adequate amounts of rest and sleep.

If interested in learning more about how to handle your stress during the holiday season there will be a seminar on Tuesday Dec. 10 at 11:45 a.m. until 12:30 p.m. in Lawshe O-305. The seminar is called "Healthy Holiday Habits" to register contact personnel office.

The Wellness Council would like to Wish everyone a Happy Healthy Holiday season.

around campus

Vocal Jazz ensemble to perform

Voice Trek, a vocal jazz ensemble, sings holiday songs at 8 p.m., Friday, Dec. 13 in Alumni Hall. The performance is part of the university's 1996-97 Artist/Lecture Series.

Admission is free.

The five vocalists, known for their exceptional vocal harmonies, will perform a variety of seasonal favorites such as Sleigh Ride, God Rest Ye Merry Gentleman, A Christmas Song and the new, Twelve Days of Christmas. Their repertoire includes traditional carols and madrigals, as well as the Christmas songs many people grew up with.

Anderson access

Mike Kull, director of PUC's Physical Facilities Department announced, for safety and security reasons, when traveling to and from the Anderson Building, use the pedestrian accessible route available along the east side of the construction fence in the north parking lot.

Improvements to the route are being arranged and constructed. Included in the improvements are the installation of an asphalt ramp that will allow for a smooth transition from the parking lot to the sidewalk on the east side of the Potter Building. Also being installed are handicapped operators on the east of Potter entrance doors, and an asphalt walk around on the north side of the construction fence that will separate pedestrian accessible traffic from vehicular traffic.

Questions regarding access, traffic flow, and or parking requests, or for copies of a map detailing these changes, may be directed via e-mail or telephone to Michael Kull (x-2231) or Chief Chaddock (x-2220).

9 students named to students 'Who's Who'

Nine Purdue University Calumet students have been selected for inclusion in the 1997 edition of "Who's Who Among Students in American Universities and Colleges."

Selected are: Laura P. Berg, Michaeline S. Florek and Jacqueline Reason of Hammond; Karen L. Bishop, Taiye A. Hattisburg and Jesus Uribe of East Chicago; Catherine C. Nielsen of Highland; Denise M. Smith of Chicago Heights, Ill.; and Jonathan D. Swindle of Gary.

Inclusion in the annual directory is based on academic achievement, community service, leadership in extracurricular activities and potential for continued success.

Purdue Calumet's students join an elite group, selected by campus nominating committees and editors of the directory from more than 1,900 institutions of higher learning in the United States and several foreign nations.

– Compiled by Chronicle staff from press releases and other sources

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'Teaching with style' victim of technology

BY BRETT WRIGHT
Staff Contributor

Technical difficulties interfered with Purdue University Calumet's Office of Academic Affair's program titled "Teaching With Style" recently on campus.

The program, an interactive video conference, was designed to teach PUC faculty "How to advance their teaching effectiveness," according to Barbara Synos, administrative assistant to the vice chancellor of academic affairs.

The program which was to be conducted live via satellite and include an interactive video workshop with hands-on exercises, group interplay and a question and answer session, failed to play at the Hammond campus.

"We paid to have the video conference down-linked," Synos said. "Unfortunately, bad storms out east broke up the transmission."

The video conference started without incidence, but participants soon began experiencing the jumbled transmission.

"A few people stayed hoping the conference would come back on, but it continued to go out," Synos said.

She said participants wanting to see the proceedings of the program will be able to watch it on videotape.

"A clear tape of the conference, what we would have seen here, will be sent to us," Synos said.

Technical difficulties of this sort appear out of the ordinary, Synos said. "Ninety-nine percent of the time things go OK with video conferencing," she said.

The Office of Academic Affairs covers research and classroom issues and sponsors a variety of programs throughout the year to enhance faculty scholarship and classroom competence.

Charlotte R. Riley Child care center offers children chance to create

BY SHARLONDA L. WATERHOUSE
Staff Contributor

Photo by Cynthia Govea

A child rummages for a crayon at the Riley Child Care Center.

Somewhere a child sits hypnotized by television. Somewhere another is being scolded for breaking the rules. Somewhere creativity is lost in rote activity, but not at the Charlotte R. Riley Child Center, 2200 169th St., at Purdue University Calumet..

At a MacIntosh computer station, two children work with the interactive story program titled "KidsWork." As one tawny-haired child clicks the mouse, the computer begins to speak.

Suddenly the children sing along with the computer, "We went to the beach with grandma and me, grandma and me."

As eager eyes follow each word, the computer reads the story. They are using the whole language approach to reading, but don't tell. The children think they're just playing.

Rachel and Sydney are in the kitchen making spaghetti and bananas. They can't eat the wax food but they are learning organizational skills.

At the art canvas, Leah Martinez is mixing red, yellow and green paint to make a picture for her teacher. The image is indistinguishable, perhaps she'll be an abstract artist.

In the block area, Jimmie is sitting alone just thinking. He isn't being forced to make something out of the blocks or to play with the other children. The teachers understand his need to ponder.

With every child pursuing his own imagination, an outsider might call the center disorganized. But teacher Melissa Franko calls it free and independent.

"We give the children as much independence as possible," Franko said. "During the early ages, too much structure isn't good."

And neither is conformity. "It's OK to be individual and know your opinions count," Franko said observing Jimmie.

Public Relations club joins international association

BY HEATHER WILSON
Staff Contributor

It's said that many times who you know makes all the difference, according to some experts.

That is the main reason why the newly formed public relations club at Purdue University Calumet will soon be affiliated with the International Association of Business Communicators.

By the end of the year, the campus club would also qualify for the Public Relations Society of America.

Public Relations Club President Brian Dominquez said that the reason for going with I.A.B.C. is that they were "just friendlier." In addition, to belong to the P.R.S.A. takes one year to become accepted.

Some seniors of the public relations club would like to have an affiliation with a national organization on their resumes.

Members of the I.A.B.C. increase their opportunities to be selected first for internships, Dominquez said. The I.A.B.C. also produces a resume book and is sent all over the country.

Students who belong to the national organization would be allowed to attend its meetings where they could meet professionals working in the field, according to Dominquez. He said it basically comes down to "networking and just knowing somebody."

About five years ago, PUC had a public relations club not affiliated with neither of the two national organizations and interest died down, Dominquez said.

He said another reason for restarting the club is to allow all different levels of the public relations department to get together.

The club currently has 10 members. The initial fee is $10 and the application for an I.A.B.C. membership is $35. Other club members include Cheryl Smith, vice president, Heather Rybolt, vice president of finance, and Tricia Howe, secretary.

Forensics lab tour results in new program

BY JULIE HERR
Staff contributor

In a quiet rural setting amidst the cornfields of Lowell, sits the Indiana State Police's high-tech forensics lab.

Last month, 18 students from Katherine Rowberg's Chemistry 116 class mutually agreed to hold class at the lab hoping to gain information on possible careers in forensics. Nursing student June Jemko felt the tour would be interesting. "I've seen forensics on television and movies," Jemko said. "It seems cool."

The off-campus tour of the forensic lab was scheduled through Purdue University Calumet's Alumni Link program which matches volunteer alumni to share their work experiences with current students. First Sgt. Jerry Wilder, lab manager, was informed of the program by one of his employees and agreed to a tour for the chemistry students.

For over two hours students listened to employees discuss their education backgrounds and their job responsibilities.

"A program like this shows the students what career opportunities exist," said Rowberg, "as well as the relevance of their coursework. Seeing what people do in their jobs is important for the students."

The students finished their trip with a tour of two labs, serology and controlled substances, that make-up the forensics facility. In serology, they were shown how samples are collected and handled in a rape case. In the controlled substances area, students were shown how the lab determines and identifies substances.

The chemistry class, many who are chemistry or biology majors, found another avenue to consider in making career goals.

"I was surprised that employees only needed a B.S. (Bachelor of Science degree)," said Education major Molly Herndobler. "I thought they would need a more advanced degree like a Ph.D."

As word spreads about the Alumni Link program, many more students will have the opportunity to learn about careers related to their education backgrounds, according to Leticia Toma, PUC's Alumni Relations Coordinator

Toma is working through professors and department heads to link alumni and careers with current students. Chemistry 116 and the state police's forensics lab was the inagural link. Announcement of the program was sent through "Purdue Calumet" the University's publication for alumni. Toma said the alumni forms from volunteers are arriving steadily at her office.

New building

Continued from page 1

Purdue Calumet during the past decade, this building has been a high priority for us since 1990," Chancellor James Yackel said. "It will increase the number of classrooms on campus more than 30 percent; plus, it will enable us, finally, to provide adequate office space for our growing number of faculty members."

Since 1987, Purdue Calumet enrollment has increased from 7,080 to nearly 9,300 students, while the number of faculty and staff has grown from 503 to more than 600.

The building, the 13th campus structure, will include 22 classrooms, 13 instructional laboratories and space for 122 faculty and staff offices.

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The new building, which functionally will interconnect the north end of campus into a comprehensive academic unit, will join the Anderson and Potter buildings via enclosed walkways. With the Powers, Potter and Gyte Science buildings already interconnected, all north campus academic buildings will be indoor-connected except for Porter Hall on the east side.

The $15.4 million appropriated for the project by the Indiana General Assembly earlier this year is $1.8 million less than requested.

"To cover such unfunded aspects of the project," Yackel said, "as furnishings, a heating/cooling system upgrade and the cost to renovate those current campus areas from which departments and offices will relocate to the new building, we are requesting from the state legislature at its session early next year the $1.8 million shortfall."

The new building is being constructed on what has been a 199-space parking lot. To accommodate the loss of those spaces, the Porter lot on the campus' northeast side was expanded this summer by 225 spaces.

George Sollitt Construction Co. is the project's general contractor. The architect is Lee Cole of Scholer Corp.

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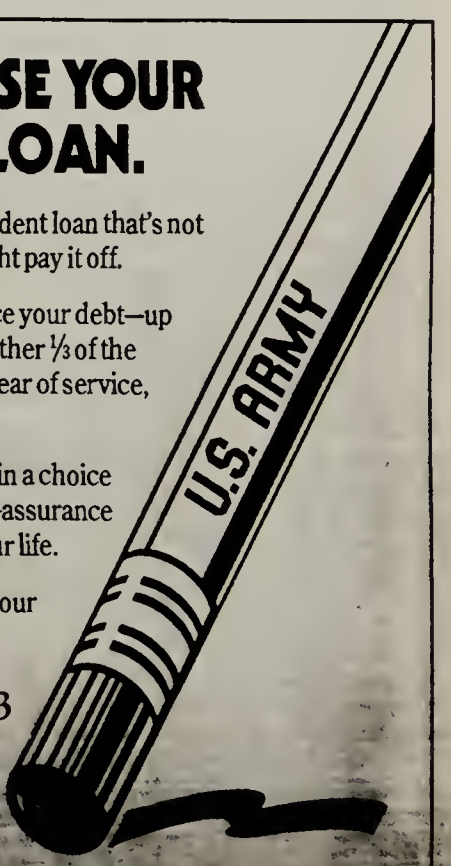

ARMY. BE ALL YOU CAN BE.®

Some good advice from a friend

The immortal Ray Liskey, sports guru, gives his fairwell address

"A lot of people go to college for eight years," said Chris Farley. "Yeah, they're called doctors!" added David Spade.

In the movie Tommy Boy, a conversation between the sarcastic Spade and the underachiever Farley about the number of years that Farley spent in college went something like that.

After spending seven and a half semesters working towards a couple of different degrees, I feel that I've earned the right to be able to offer advice to those that follow the path to their sacred degrees.

Here's some quick reminders: If you let your french fries from the school cafeteria sit for more than five minutes, just throw them away. If someone offers you free stuff for filling out a credit card application, don't do it unless you've got a strong will(or money to back it up). If you feel that you are right about something, then question your professors, advisors and even your own prior thinking. Until you start to question your young and untested beliefs, then you don't really know if you're growing up. A smile on a really bad day may just be enough to turn that day around. If you try to cram a whole semester's worth of class material into one night, forget it, you just can't do it. Read your textbooks; that's why you overpaid for them. Yes, you can park for free if you're willing to walk a little.

Okay, now for the real important stuff, please take notes if you wish.

As your semesters progress, your classes will get more difficult. If they don't, then you're not getting your money's worth of education and knowledge.

Somewhere in the middle of each of my semesters, I went through two different phases. First, depression hit hard and slowed everything down. I couldn't motivate myself to do anything whether it be work, school assignment, or just plain concentration. Second, soon after depression, panic set in. I often felt that I would never make it through to the end of the semester, I would never know the things I needed to know in my classes, and I would never graduate.

Somewhere in the last two to three weeks before the semester ended, I became hopeful. Assignments that needed to be turned in were possible to finish. All those hopeless semester projects somehow came together in the end.

About six months ago, during my last semester before my student teaching(where I would get to utilize the knowledge given to me at PUC), I felt a relaxing peace overcome me. I knew that I still had a lot of late nights ahead of me, but at that point in my collegiate career, I knew that I could handle it. My self confidence carried me through my last year at PUC and without it, I wouldn't be where I am today. All those abstract and seemingly unrelated thoughts, concepts and school work was sewn together nicely.

Life is what you make of it. I've found that if you really want something bad enough, then you can reach for the stars and achieve your dream.

If you're not willing to make the extra effort needed, then you weren't meant to have it.

If you get stuck somewhere down the road, there is always a friendly face at PUC that will help you. In the end, you will get what you deserve, knowledge. Without knowledge, you can't go anywhere.

The Chronicle was a great place to meet people. I spent infinite hours in a small office contributing to our campus medium that way too often gets thrown on the ground, left in a classroom, or not even read.

I would like to give a personal thank you to all the people at the Chronicle, the athletic dept.(coaches, teams, and behind the scenes people), my readers, and other sources of positive influence for giving me feedback, offering me hope, and letting me rant and rave for a few minutes each week.

As a pebble dropped into the water makes ripples that will soon cease to exist, so does my presence at PUC. After my name is removed from the countless list of undergraduates, there will be another name to take my place.

I just hope that whomever takes my place will grow and mature as I have.

This semester, for the first time in my collegiate career at PUC, I wasn't able to get a premiere parking spot. It's time to move on. Thanks for reading my stuff.

Letters to the Editor

Book buy-back baffles student

Dear Editor,

It is the end of the semester, and next week, when finals are all over I will be returning the books that I bought at the beginning of the semester. I have been attending school at Purdue Calumet for three semesters now, and I am having a hard time figuring out why, when I spend close to three-hundred dollars for my books, that I end up only getting around one-hundred dollars back that is if I am really lucky! It just seems ridiculous to me.

I work very hard for my money, and use most of it to pay for schooling and books. It would be really nice if we could at least be guaranteed back half of what we spend each semester. It really makes me angry!

I bought a book last semester for $65, When I returned it, I only got back $20. Then, I came back this semester, and found the same book that I had sold back for $50.00! I was completely appalled!

Is there anything we, as students can do to change this? Has anyone ever tried to do anything about it, and if so, what became of it. I realize that the school has a right to some of the money, however, I think that they are getting too much of it. I mean, we are not even getting half of what we pay back. I feel like we are being taken for fools! If you could help me, by answering my questions, I would be very thankful. Maybe there are reasons that I am unaware of why we are getting gypped out of the money that I think rightfully belongs to us.

Thank you,
Jessi Svant

More athletic programs needed at PUC

Dear Editor,

I am writing this letter on behalf of all the athletic students including myself which are out of season and probably will be for a long time due to lack of sport activities which are not provided or available here at our school. There are only three to four organized sports which compete against other schools. I graduated from Munster High School and there I played football, ran cross country, and track. But here at Purdue not one of these sports are in the athletic program. We don't even have an outdoor football field or an outdoor track.

I believe that the problem is we don' t have enough athletic programs. Now don't get me wrong, the athletic physical fitness facilities, or whatever you want to call it, is good and everything, but its not enough. If you were to take a poll it would probably show that half the people are athletes, but don't do anything because their sport is not here. A few improvements could be build an outdoor track, a few tennis courts, a baseball diamond or two, or turn the soccer field into a football field once soccer season is over. Starting a cross country team wouldn't hurt, you're only running around town, and even make a swimming pool (indoor or out) for all the swimmers or just anyone who would want to swim (student and teacher use only).

Now I know all of this costs money but if donation and fund raising programs were organized right, and certain areas were funding could be slimmed, than everything would work out.

In the long run the school would be making its money back and more which would allow for funding of more athletic programs and funding for other parts of the school.

Many people find Purdue Calumet "boring" due to lack of extra curricular activities. Lots of these people want to transfer to get out of here because of this reason, I am one of these people. The school is losing money because of this, and if they realized this they would act upon this for further knowledge. I hope someone high up in the chain of command here at school reads this and does something to try to get more athletic programs at this school.

John Leslie, student

The Chronicle Editorial Policy

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The Chronicle welcomes reader input. Letters and commentaries must include the author's name, class standing or other affiliation and a telephone number for verification. Anonymous letters and commentaries will be considered for publication only if accompanied with the aforementioned specifications.

All materials submitted to *The Chronicle* become the property of *The Chronicle*. All material must be typed (double spaced) or saved on a 3.5" DOS format disk. *The Chronicle* reserves the right to edit for clarity, accuracy, space and news style. Copy deadline is noon the Wednesday before publication.

The Chronicle wishes you a happy and joyous holiday season

College Horoscopes for the week of Dec. 9, 1996

By Linda C. Black

The week starts off with a new moon in Sagittarius – marvelous for partying. Unfortunately, it happens on a Monday and Tuesday. Get serious again on Wednesday and Thursday, while the moon's in Capricorn.

Friday and Saturday it's in Aquarius, good for studying scientific or technical subjects. And last but not least, the moon in Pisces squares the sun in Sagittarius on Sunday. This signals changes and confusion, so drive carefully.

Aries (March 21-April 19). Monday and Tuesday are marvelous for taking your team on the road. If that's not possible, at least go for a long bike or snowmobile ride.

You probably ought to study, too, since there will be exams on Wednesday and Thursday. Friday is an all-out party day, and Saturday's even worse. If you have homework to do, save it all for Sunday. You can do it while you're recuperating, snuggled up to a roaring fire.

Taurus (April 20-May 20). Get in your application for next year's scholarships on Monday and Tuesday. If that deadline's past, submit job applications or some other request for funding.

Your best travel days this week are Wednesday and Thursday. If you can start your weekend then, congratulations. Not everyone will be that lucky,however. Some sort of exam is likely on Friday and another onSaturday. Relax with friends on Sunday.

Gemini (May 21-June 21). You won't fare well in direct competition Monday or Tuesday. The other side has too much ammunition.

Compromise and work out a partnership agreement instead. If youneed a loan or want a job, ask for it Wednesday or Thursday. Get your chores done by then, too, so you can get out of town early on Friday.

Travel's excellent from then through Saturday. Comply with an older person's whims on Sunday for best results.

Cancer (June 22-July 22). There's too much work on Monday and Tuesday. Enroll a partner to help you with it on Wednesday and you may get it all done by Thursday. That's important, because on Friday you'll want to go shopping. Spend wisely so you'll have enough for a celebration on Saturday.

Sunday's your best travel day this week, andone of the most fun. Hopefully, your sweetheart's right beside you on this adventure.

Leo (July 23-Aug. 22). You could fall in love hard on Monday or Tuesday. You never like to do things half way, and this is no exception. Get your wits back about you by Wednesday; there's work to be done. Hit it hard through Thursday, then delegate what's left on Friday.

You'll get further on Saturday if you're working with a partner. Sunday, you could go through a lot of money in a very short period of time if you're not careful.

Virgo (Aug. 23-Sept. 22). Are you moving, or what? If you're not, maybe you should be. That's the only way you'll get any peace and quiet on Monday and Tuesday. Wednesday and Thursday should be a lot more fun. Your *love life could take a definite* turn for the better then, too.

Your workload increases on Friday and Saturday – mostlypaperwork. Your sweetheart or best friend has a wonderful idea on Sunday. Go along.

Libra (Sept. 23-Oct. 23). You'll find it very easy to pick up new material on Monday and Tuesday, especially foreign languages. Hang around with a native speaker for best results. Clean up your place on Wednesday; you could have company on Thursday.

Friday and Saturday are both excellent for romance with a person who's background is quite different from your own. Save all your homework until Sunday; it'll be a breeze.

Scorpio (Oct. 24-Nov. 21). Count your money and figure out your budget on Monday and Tuesday. If you don't have enough, those are good days to sell what you've outgrown. Get your studying out of the way on Wednesday and Thursday. You'll learn best if you're working with a real live tutor instead of just reading books. Stay home and fix up your place on Friday and Saturday and have your sweetheart over on Sunday.

Sagittarius (Nov. 22-Dec. 21). You are awesome on Monday. Start whatever you've been thinking about, including a whole change inyour life's direction, before noon on Tuesday. Get your financialaffairs in order on Wednesday and Thursday. Then, go shopping.

Tackle a technical subject and/or do research on Friday and Saturday. Stay home – or go home – on Sunday to be with your loved ones.

Capricorn (Dec. 22-Jan. 19). Finish up everything on your list Monday and Tuesday, even if you have to pull an all-nighter. By Wednesday, you'll have thought of all sorts of new things to do. Follow your instincts from then through Thursday; they'll be excellent. Friday and Saturday are good for shopping. Have you ever considered learning a musical instrument? Sunday will be perfect for practicing newskills.

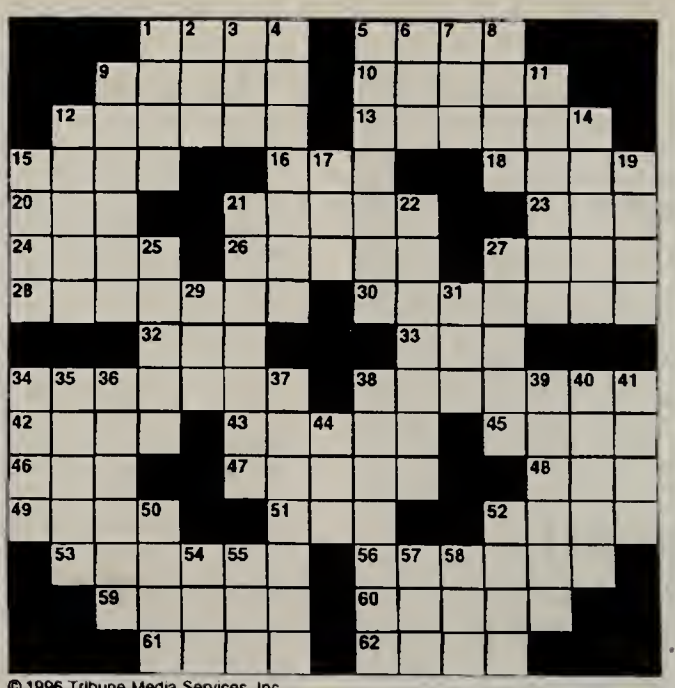
Aquarius (Jan. 20-Feb. 18). You'll have too many invitations Monday and Tuesday. A team project will go very well then, too. Wednesday and Thursday *are payback time. You'll be* reminded of every little thing you've forgotten to do.

Friday and Saturday are your best this week for starting new projects, especially if other people areinvolved. Save your shopping trip for Sunday and you'll find perfect gifts for everybody on your list.

Pisces (Feb. 19-March 20). You should be in for a good show Monday and Tuesday. Most of your professors will be in a festive mood. Get together with your buddies Wednesday and Thursday and make plans for the future. Together, you can make it happen. Finish a big assignment on Friday and Saturday, even if it means you have to turn down an invitation. Schedule your party time for Sunday. That's your best day this week for romance, too.

Adventures OF AARON
WELL....
I'M OFF FOR MY MORNING JOG!
YOU JOG?!
YEP!... WORK THOSE MUSCLES ... TONE UP... TAKE A FEW LAPS 'ROUND THE OL' BLOCK!
I DIDN'T KNOW HE JOGS?!
I BET HE JUST STANDS OUTSIDE THE DOOR FOR FIFTEEN MINUTES EATING DONUTS UNTIL HE BREAKS A SWEAT!
HE DOESN'T, MOM...
THEY'LL NEVER GUESS ALL I DO IS JUST STAND OUTSIDE THE DOOR FOR FIFTEEN MINUTES EATING DONUTS UNTIL I BREAK A SWEAT!
IF I EAT THE BIG DONUTS FIRST, AND SKIP WARMING UP WITH THE LITTLE ONES... I'D SWEAT FASTER AND WOULDN'T HAVE TO STAND OUTSIDE SO LONG...
AARON MAHNIX

crossword



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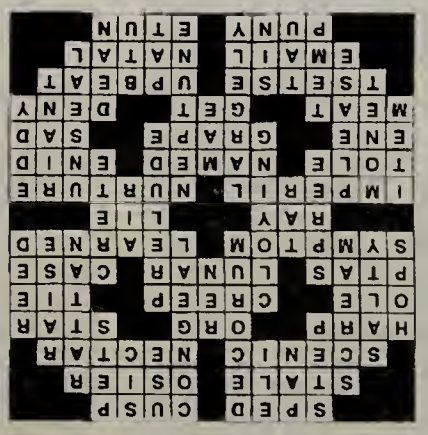
ACROSS
1 Raced
5 End of a crescent moon
9 Yesterday's bread is —
10 Willow twig
12 Picturesque
13 Bee's quest
15 Stringed instrument
16 Assn.
18 Have the lead
20 Bullfight cheer
21 Move slowly
23 Cravat
24 School gps.
26 Month or eclipse start
27 DA's assignment
28 Characteristic sign
30 Erudite
32 Sunbeam
33 Fib
34 Jeopardize
38 Provide TLC
42 Lacquerware
43 Provided the appellation
45 Writer Bagnold
46 Comp. dir.
47 Vine with berries
48 Melancholy
49 Potatoes' partner
51 Purchase
52 Refute
53 Feared fly
56 Optimistic
59 Thoroughly modern memo
60 Relating to birth
61 Insignificant
62 Vingt—

DOWN
1 — lively!
2 Cooking vessel
3 Yale student
4 Order
5 Coagulate
6 Operate
7 Thus
8 Cat and canary
9 Loud cry
11 Wickerwork
12 Briny
14 Poker ploy
15 Beer ingredient
17 Stimpy's pal
19 Wind instrument
21 Providing too much of something good
22 Introduction
25 Shopper's marathon
27 Mediterranean island
29 Old salt
31 Melody
34 News piece
35 French impressionist
36 Gratify
37 For the most part
38 God of the sea
39 Open
40 Laughing
41 Whirl
44 West
50 Member of the steno pool, perhaps
52 School VIP
54 Greek letter
55 Sunday AM subject
57 Touch lightly
58 Heat meas.



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Loss to Goshen adds to Lakers' woes

Goshen sneaks up on Lady Lakers in 67-60 loss.

BY CHRISTOPHER KOSOVICH
Staff Writer

The Lady Lakers of Purdue University Calumet gave Goshen College all the room they needed, literally, to win the game 67-60, Nov. 22.

They didn't look like a young team when Goshen College called a time out with PUC leading 25-9 early in the first half. It seemed that nothing could stop the series of spectacular plays.

Angie Jez hit a three pointer, Tina Mudy came off the bench for a field goal, and Vernita Davis continued to lead the charge with a fast break that added two more points.

However, things started to slip away in the first half after Tabitha Beaumont picked up her second foul. "Beaumont got in foul trouble, we took her out of the game and I think they (Goshen College) went on a 12-0 run there really quick," reported coach Hayes.

The Lakers came out strong, but allowed Goshen to come back from their huge deficit to within four points at the half.

Although PUC controlled most of the first half, Goshen owned the second. Goshen managed to close the gap, tie the game, and followed it up by a three point shot that stole any momentum the Lakers had left.

"We broke down defensively," said team captain Tabitha Beaumont, "If we came back and played defensively we could have won this game."

Coach Hayes also felt that they could have won the game. "We made a lot of little mistakes late in the game, but we still had a chance to make a run. Their (Goshen College) seniors stepped up when it was crunch time and we didn't have the seniors and we didn't step up."

Jen Golec also attributed the loss to the lack of defense."We broke down on defense. Our captains went out and nobody took control." The lack of defense was evident in the extreme difference in coverage.

Goshen was all over the ball all the time while PUC allowed Goshen the room to move the ball. Goshen took advantage of the lack of defense and won the game.

Coach Hayes said, "We are going to have problems with pressure until we learn to play really aggressive against it."

Beaumont looks at the game as a learning experience. "I think that the younger ones realize what they have to do now." Coach Hayes feels the same way.

"I think the younger players learned how they are going to have to play harder. You have to learn how to play in a college game. It's different than a high school game."

Coach Hayes was pleased with the overall performance in this first game. "I have been trying to teel these kids that they are trying to prove too much. Just learn how to play the game first and we will worry about the big picture later on.

"I thought the overall effort was pretty good. We were running offense pretty well for a team that young. There were a lot of freshman out there playing, but I thought some people stepped up and did a pretty good job and we'll see what happens."

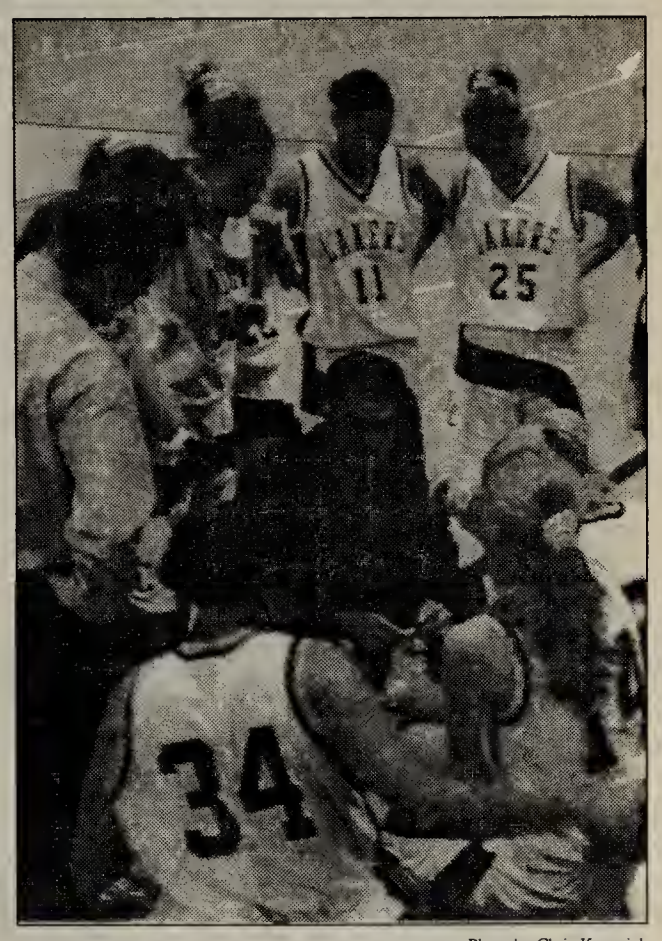

Photo by Chris Kosovich

Coach Hayes tries to get the Lady Lakers fired up during a time out in their Friday, Nov. 22 game against Goshen College. The Lakers lost the game 67-60.

Volleyball team ends season with playoff wins

BY CHRISTOPHER KOSOVICH
Staff Writer

When the Laker volleyball team finished the conference tournament in second place they reached their season goal of playing in the Regionals for this year.

Starting Nov. 21 and continuing throughout the rest of the weekend, the Lakers went 1-2 in a pool tournament at the University ofDearborn in Michigan.

The Lakers played the other three teams in their pool and defeated Wisconsin Lutheran, only to lose to Aquinas and Madonna Universities.

"We had a strong opening game against Aquinas and gave Madonna a solid match. I am proud of them," said Laker head coach Stacey Zurek.

Junior Jaime Muskin was named to the All-Region First Team and Senior Tanya Popiela was named to the All-Region Second Team.

The Lakers look to build from their success as a team, but they will still need strong recruits next year.

Circuit Training does it all

BY JOHN BOBALIK
Exercise Physiologist

"Why do you want me to try circuit training?," asked 37-year-old Ginny Clarke, a school teacher taking classes at Purdue University Calumet. "I have one hour, three days a week to spend working out. I would rather just spend my time walking on the treadmill," Ginny said.

If Ginny wants to get as physically fit as possible in the time she spends exercising, walking by itself will not do it.

Aerobic exercises, such as walking, make your heart and lungs more efficient and increase your wind and endurance capacity. However, no matter how fast or far you go, walking will do nothing to improve your flexibility.

It also registers a zero for increasing your upper body muscle mass and strength. If you want to develop flexibility and upper body muscle mass and strength – which is extremely important as we age – you have to do more than just walk.

Ginny must do resistance training on weight machines or use free weights to improve her muscle mass and strength. For example, doing a chest press or leg extension machine will increase upper and lower body strength. The trade-off, however, is that resistance training will not increase aerobic endurance.

Traditionally, if you wanted to improve your muscle mass, strength, flexibility, and aerobic endurance, you would spend 30 to 60 minutes doing aerobic exercise; another 20 to 30 minutes doing resistance training and an additional 5 to 10 minutes performing stretching exercises - a total of 60 to 90 minutes invested in exercise per workout.

"I wish," said Ginny a mother of three who devotes most of her time to raising a family, managing a household, teaching school and taking classes at PUC, "there was a way to do all that in less than 60 minutes."

There is. It is called circuit training and it is one of the most time-efficient systems of exercise available at fitness centers and health clubs today. Circuit training combines resistance training with aerobic exercise.

The system enables you to develop muscle mass, strength, flexibility, and aerobic endurance, utilizing one unique system of exercise. And you do not have to spend 90 minutes doing two different types of exercise to accomplish the task.

Here's the way it works:A circuit typically consists of 12 weight machines or stations used for resistance training of all major muscle groups and 12 stationary bicycles used for aerobic exercise.

One moves through the circuit, alternating between a weight station and aerobic (bicycle) station. Exercisers perform 30 seconds of exercise at each station followed by a rest interval of 15 seconds between stations. Completing the entire circuit takes approximately 18 minutes. Of course, one can repeat the circuit as frequently as one desires or time permits.

To begin, move to Station number 1, which is usually a weight machine. Align yourself in the machine correctly and wait for the circuit tape to say "BEGIN." The voice that you hear on the circuit tape moves you through the circuit training system.

It says, "BEGIN... HALFWAY.... STOP AND CHANGE STATIONS." Exercisers quickly learn that "BEGIN" is your cue to start moving, "HALFWAY" means you have 15 seconds to go and "STOP AND CHANGE STATIONS" is your command to stop exercising on that machine and move to the next station.

"Circuit training actually enables you to incorporate resistance training as part of your aerobic exercise program," said Jerry Yost, director of the MaxLife Fitness Center for Seniors in Goodyear, Arizona, one of the premier circuit training programs for seniors in the U.S .

Ginny Clarke has become convinced about the benefit of circuit training. "Circuit training certainly is a very time efficient system of exercise. Moreover, I like the fact that you are only doing 30 seconds of exercise on each machine, yet you get to work all the major muscle groups in your upper and lower body and improve your aerobic endurance as well."

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Purdue University Calumet 1996-97 Basketball Schedule

MENS

Tues., Dec. 14	Kalamazoo (H)	7 p.m.
Sat., Dec. 21	St. Joseph's (H)	3 p.m.
Sat. & Sun., Dec. 28-29	Comfort Inn Classic (Mary Crest, IA)	8 p.m.
Thurs., Jan. 2	Spring Harbor (T)	7 p.m.
Sat., Jan. 4	Milwaukee School of Engineering (H)	3 p.m.
Wed., Jan. 8	St. Ambrose (H)	7 p.m.
Sat., Jan. 11	St. Xavier (T)	7:30 p.m.
Tues., Jan. 14	Olivet Nazarene (T)	7:30 p.m.
Sat., Jan. 18	IL Institute of Technology (H)	3 p.m.
Tues., Jan. 21	IU/South Bend (T)	7 p.m.
Sat., Jan. 25	St. Francis (H)	3 p.m.
Wed., Jan. 29	Rosary (H)	7 p.m.
Wed., Feb. 5	St. Xavier (H)	7 p.m.
Sat., Feb. 8	Olivet Nazarene (H)	3 p.m.
Wed., Feb. 12	IIT (T)	7 p.m.
Sat., Feb. 15	IU/ South Bend (HOMECOMING)	7 p.m.
Wed., Feb. 19	St. Francis (T)	7:30 p.m.
Sat., Feb. 22	Rosary (T)	TBA

WOMEN

Sat., Dec. 21	Trinity Christian (T)	11 a.m.
Mon., Dec. 23	Bethel College (H)	7 p.m.
Fri., Dec. 27	Lady Laker Classic	5 & 7 p.m.
Sat., Dec.28	Lady Laker Classic	12 & 2 p.m.
Fri., Jan. 3	Aquinas College (H)	7 p.m.
Sat., Jan. 4	IN Wesleyan (T)	2 p.m.
Tues., Jan. 7	Olivet Nazarene (T)	7 p.m.
Thurs. Jan. 9	Trinity Christian (H)	7 p.m.
Tues., Jan. 14	St. Francis (H)	7 p.m.
Sat., Jan. 18	IU/ South Bend (T)	12 p.m.
Tues., Jan. 21	Rosary (H)	7 p.m.
Sat., Jan. 25	IIT (H)	1 p.m.
Tues., Jan. 28	Robert Morris (T)	TBA
Sat., Feb. 1	Olivet Nazarene (H)	3 p.m.
Mon., Feb. 3	IN Institute of Technology (H)	7 p.m.
Sat., Feb. 8	St. Francis (T)	2 p.m.
Tues., Feb. 11	IU/ South Bend (H)	7 p.m.
Sat., Feb. 22	Robert Morris (H)	7 p.m.
Tues., Feb. 25	CCAC Tourney	TBA

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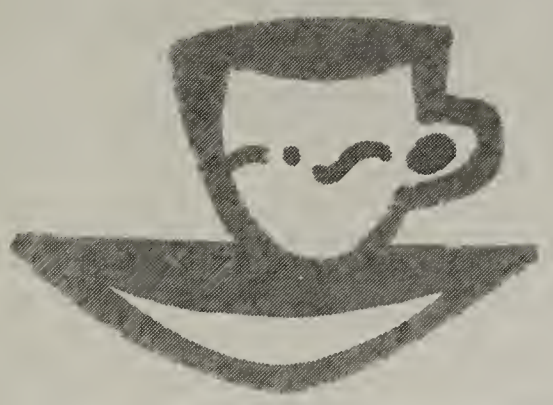
Nothing left to do but smile, smile, and go to the last drop!



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It is an unbearable nothingness
IT'S DEPRESSION.
It has a biological explanation.
It Strikes 1 in 10 Americans
It injects you with negativity.
It pulls you away from the world you once knew
IT'S NOT SUPPOSED TO BE LIKE THIS
It's onset can be so subtle you don't notice it.
IT CAN KILL YOU IF YOU DON'T RECOGNIZE IT.
...treatment for it is very successful
#1 Cause of Suicide
UNTREATED DEPRESSION
Public Service message from SAVE - Suicide Awareness Voices of Education
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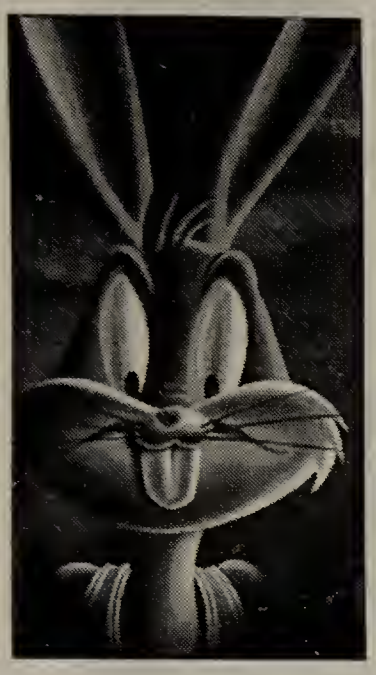
MJ and Bugs score slam dunk with 'Space Jam'



Space Jam
★★★
Warner Bros.
Starring:
Michael Jordan
Bugs Bunny
Directed by
Joe Pytka
Reviewed by
Sharon Stewart

Creative writing and casting lead "Space Jam" to victory. The movie, starring Michael Jordan as himself, Bugs Bunny and a cast of famous Looney Tune characters carry this film to its goal.

Great supporting actors include Wayne Knight (from TV's "Seinfeld") as Albert, Danny Devito as the voice of the evil alien leader and Bill Murray as himself. There are also several familiar NBA Superstars involved in the picture.

Jordan appears very comfortable with acting. He comes across as a good natured guy who can laugh at his baseball escapades with the rest of the cast.

This film has real attention-getting ability. Just a glance around the theater reveals the faces of all ages struck with an attentive stare.

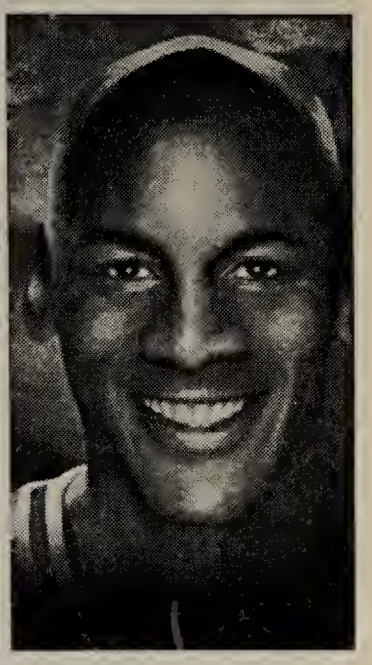
The loony twist in the movie starts in outer space with a group of alien characters from Moron Mountain Amusement Park.

These characters are ordered by their evil leader to find some new entertainment for the park. Enter the original Looney tunes bunch, led by Bugs Bunny.

A challenge is made by the Looney troupe to play the aliens in a basketball game. Consequently, the tunes find themselves in trouble. Which brings us to 'Mr. Basketball' himself, Michael Jordan, who finds the Tune Squad asking for his help.

Laughs abound from a pleasing mix of slapstick humor and more sophisticated jokes for adults.

"Space Jam" is enjoyable for the entire family and also contains a few well-planted lessons about good triumphing over evil.



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